## Sailing, Windsurfing and Powerboating should be





## Everyone should be treated with respect, and should show respect to others.

If you are worried about the way another young person or an adult is treating you or someone else, there is someone you or your parents can talk to.

someone you or your paremis can talk to.
Club / Centre / Event:
Child Welfare Contact
Name:
Email:
Phone:
RYA Safeguarding Manager: <b>\</b> 02380 604 104 <b>≥</b> safeguarding@rya.org.uk    ⊕ www.rya.org.uk/go/safeguarding
ChildLine free 24 hour helpline: \$0800 1111 #www.childline.org.uk
NSPCC 24 hour helpline: \$\sqrt{0808 800 5000} \pm www.nspcc.org.uk

**\**08000 28 22 33

www.children1st.org.uk

Children 1st (Scotland):

Dealing with bullying: # www.kidscape.org.uk